



## Helen F. Sapp

January 9, 1933 - September 14, 2024

Helen Sapp, 91, passed away peacefully on September 14, 2024, surrounded by her family. Helen was born and lived her entire life in Benicia, CA. Known to many as Gussie, Henny and Ganny, she was the loving wife of Roy (deceased) and mother to Ron Sapp, Alan Sapp (Janelle), Greg Sapp (Mercedes), Pam (Luis) Rodriguez (deceased). She was adored by her grandchildren Christian Sapp (Macy), Collin Sapp (Kelly) and Julia Sapp (Zach).

Helen graduated from Benicia High School in 1952 and enjoyed reuniting with her high school tennis buddies. Helen was a member of YLI, SPRSI, BDES Portuguese Society, and St. Dominic's Catholic Church.

She spent most Sundays at Blue Devil's in Concord doing what she loved most, playing bingo with her dear friends. She was known for her luck, but more importantly, for the laughter and camaraderie she shared with her close-knit group.

She loved sports. She loved cheering on her SF Giants, 49ers and watching golf, tennis and Stanford women's basketball. She would always be in the stands cheering on her grandchildren, great nieces and nephews.

Later in life, she found a love of travel and often talked about her cruise to Alaska with family members.

Helen was all about family. Her legacy of faith, love, and devotion will live on in the hearts of those who knew her. She will be deeply missed, but never forgotten.

In lieu of flowers, contributions can be made in Helen's name to St. Dominic's Catholic Church or St. Jude's Children's Hospital.

# Previous Events

## Visitation

SEP **25.** 2:00 PM (PT)

Passalacqua Funeral Chapel  
901 W Second Street  
Benicia, CA 94510  
(707) 745-3130  
info@passalacquafuneralchapel.com  
<https://www.passalacquafuneralchapel.com>

## Vigil Service

SEP **25.** 6:00 PM (PT)

Passalacqua Funeral Chapel  
901 W Second Street  
Benicia, CA 94510  
(707) 745-3130  
info@passalacquafuneralchapel.com  
<https://www.passalacquafuneralchapel.com>

## Mass of Christian Burial

SEP **26.** 11:00 AM (PT)

St. Dominic's Church  
475 E I St  
Benicia, CA 94510-3057  
(707) 747-7220

# Tribute Wall

KC

“Helen was a true Benicia gem and I was honored to call her friend. We spent many a Mass together sitting in the back pews and she always included Damien, my son, with her welcoming voice. I will miss her so but I know she is watching over us. God bless you and keep you dear Helen. Love and healing thoughts to all in Helen’s family, Kathy Carlon and family

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**Kathy Carlon** - October 12, 2024 at 07:19 PM

SM

“Helen was a wonderful person. I grew up across the street from her over 50 years ago. She was always kind to me, even when I chopped down one of her trees with my Boy Scout hatchet. She kept a close eye on the neighborhood and kept me on the straight and narrow when my parents were away. May you rest in peace. My deepest condolences to all the Sapp and Curran family members.

-Steve Mortensen

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**Steve Mortensen** - October 12, 2024 at 01:00 PM

DV

“I remember my grandparents living next to the Sapps on J street. Very kind family. I will never forget the fig tree in the backyard. A real Benicia family.

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**Dan Vogelpohl** - September 29, 2024 at 01:09 PM

MI

Helen your a great lady and will be missed good bye my friend see you soon . Mike

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**mike** - November 25, 2024 at 11:48 PM

CR

“ *She was so interested in your life and loved her sons and Janelle immensely. May she be resting in peace with our beloved God.*

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**Conchita Raices-kollmann** - September 26, 2024 at 06:17 PM

MD

“ *For a lifetime I have been able to depend on Helen's wonderful personality.*

*Every year included both expected and clandestine meetings where we could have one on one chats over an endless amount of topics. Never small talk. Typically something that would turn a smile or a laugh. Her wry wit (not quite as pointed and sharp as Roy's) and sincere interest in every topic would ensue In all those Benicia places that you might expect, but especially at the store whether it be Park and Shop or Safeway.*

*When I saw her last I maveled that she would be here with us for a long time, yet she hinted otherwise.*

*Now that she has passed on, I hope to share more conversations like this with her beloved family and friends.*

*My sincere condolences to you all.*

*Dear Helen, you have been a fine friend 🕊️❤️*

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**Martin Duvall** - September 25, 2024 at 10:31 PM

YK

“ *Your east coast kids! planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Helen F. Sapp.*

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**Your east coast kids!** - September 24, 2024 at 07:22 PM

YK

“ *Your east coast kids! purchased the Beautiful in Blue for the family of Helen F. Sapp.*



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**Your east coast kids!** - September 24, 2024 at 07:22 PM

BF

“ *Bob, Penny, Casey and family purchased the Encanted Cottage for the family of Helen F. Sapp.*



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**Bob, Penny, Casey and family** - September 23, 2024 at 11:22 PM



“ *0 file added to the tribute wall*

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**Passalacqua Funeral Chapel** - September 23, 2024 at 12:25 PM

FR

“ *Helen, I will never forget your friendship and our trips to Napa to go to the deli. Our drives around town and our trips to the casino. My thoughts are with your boys and family. You will be missed my friend.*

*Love, Fran Greco*

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**Fran** - September 20, 2024 at 02:58 PM

FF

“ Fran Greco and family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Helen F. Sapp.

Fran Greco and family - September 20, 2024 at 02:50 PM



“ Emerald Garden Basket was purchased for the family of Helen F. Sapp.



September 20, 2024 at 02:50 PM

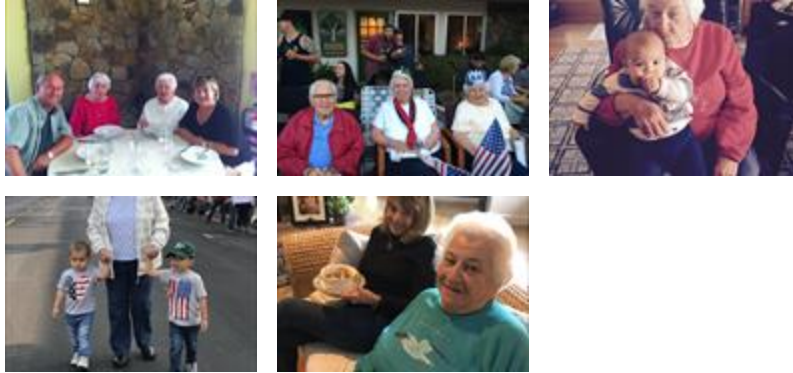
IH

“ Oh my dear, dear Ganny, I have missed you so much at church as I am always looking for you. I was devastated to hear you had slipped behind the curtain but just so grateful that you are free of pain and in a happier place.  
Please pray for us as we will pray for you. Condolences to all your family and prayers for peace and comfort. What a great Ganny!!!  
You will be very much missed by them and all of us who had the pleasure of knowing you!!!! I am so happy that I was blessed to know you too. Love forever and may you rest in peace. Ilona Helmholz

Ilona Helmholz - September 19, 2024 at 03:03 PM

DW

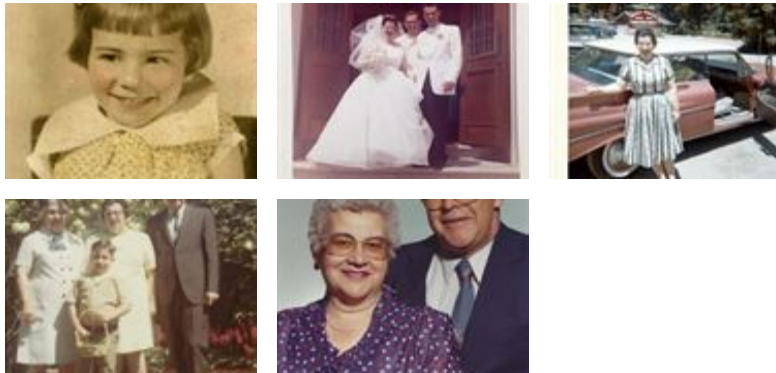
“ My Godmother, My Henny, you knew the “empty spaces” in my soul since I can remember and you magically filled them before I knew they were running dry. Thank you for being the “right here right now” grandma to my boys and my grandbabies, when my dear Mom could not physically be here. You filled them with “hands-on” Gramma love as they grew up. You are forever in my heart. Diane



Diane Warring - September 18, 2024 at 11:12 PM



“ 186 files added to the album LifeTributes



Passalacqua Funeral Chapel - September 18, 2024 at 06:54 PM

ME

“ She was my best pal for 75 years. Nothing can replace that. We shared our life events and our families grew close. I know she is up there rooting for all of us. I will never forget her friendship and I will miss our Nightly welfare checks. Alan once referred to us as Thelma and Louise...not far off I say!

Marie Earp - September 18, 2024 at 04:06 PM

MA

“ She was my best friend for 75 years. Nothing can replace that, but I know she will be rooting for all of us. I will miss our daily welfare checks and our varied events. Alan once referred to us as Thelma and Louise – – and that about says it all . I will miss my best pal. Love to all, Marie.

Marie - September 18, 2024 at 03:06 PM

JR

“ Helen was my dear aunt, I called her Henny. As a young person I would ride my bike to Henny's house to visit. The big hill to her house was always a challenge. I remember that she always had popsicles in her freezer in the garage. I liked the orange ones. I remember her showing me how to iron Uncle Roys shirts for work and now whenever I iron a button down shirt I always remember to do it the way Henny showed me.  
I love her deeply. Rest in Gods eternal love, light, and peace Henny!!

Janet Curran Richards - September 18, 2024 at 02:00 PM

GS

“ Gregory Sapp planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Helen F. Sapp.

Gregory Sapp - September 18, 2024 at 12:39 PM

GS

“ Gregory Sapp purchased the Divine Peace Bouquet for the family of Helen F. Sapp.



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**Gregory Sapp** - September 18, 2024 at 12:39 PM

MA

“ May the angels lead you into paradise.....  
My best friend of 75years. I shall miss you terribly - but I think there is one heck of a reunion going on up there!!!! I will cherish the memories in the meantime.  
Yours and mine.....we are family!  
Love. Marie

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**Marie** - September 17, 2024 at 09:03 PM

BS

“ Benicia Holy Ghost Society planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Helen F. Sapp.

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**Benicia Holy Ghost Society** - September 17, 2024 at 06:23 PM



“ Divine Light was purchased for the family of Helen F. Sapp.



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September 17, 2024 at 06:23 PM